



## RESILIENCE! CONFIDENCE! ( LEADERSHIP!

MASTERING VEDIC DECLAMATION!



Our student Saransh Rajput (XI Blossoms) participated in Inter-School Vedic Declamation Contest 2025, held at Hindu Kanya College, Kapurthala. The event saw participation from 33 schools across Kapurthala, Jalandhar, and Kartarpur. The contested topic was the timeless Vedic principle " कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।" Saransh secured second position, impressing the judges with his memorization, content, expression, clarity, pronunciation and poise. The contestants were evaluated on several criteria, including posture, eye contact, and overall delivery. Saransh qualified for Level-II.

## YOUTH WITH PURPOSE!

the Award Programme.

Service." Adding to this proud moment, Principal Dr.

Ekta Dhawan was awarded the "Valuable Service

Meritorious Certificate" for her exceptional

leadership and commitment to the program, while

IAYP Mentor Ms. Pooja Gautam received the

"Special Meritorious Certificate" from National

Award Authority for her dedicated support towards



A group of 60 students from Form IX (Session 2024–25) have successfully secured the coveted Duke of Edinburgh/ IAYP Bronze Level Award 2024–25. This prestigious award is an exciting self-development programme that equips students with endurance and essential life skills, empowering them to make a positive difference in their lives, their communities, and the world.

## **KHO-KHO CLASH**



Students studying in Form XI and XII were actively engaged in the sport of Kho Kho. They demonstrated impressive fitness and stamina while participating in activities such as chasing, pole diving, dodging and defending. The event highlighted not only their physical strength but also their agility and teamwork, showcasing their dedication to maintaining an active and healthy lifestyle.

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#### Dear Children

Always strive to become a better version of yourself! Progress is not achieved by luck but by working on yourself every single day. Endeavour to grow mentally by meditating, learning new skills like singing, reading, writing, or even picking up a new language. Grow physically by building your strength and stamina—you can start by playing a sport. Both the mind and body are nourished through consistent, moderate effort. That's the key! Practice this balance during your summer vacation. We must lead a resourceful life. It's not about what we have, but how we use what we have.

## Keep shining and smiling!

#### PRINCIPAL'S MESSAGE

Dear Students

As the vibrant month of May gently ushers in the anticipation of summer, I take this opportunity to extend my warmest wishes to each one of you. While the season hints at a joyful recess, it also brings a moment of reflection and responsibility. For students of Form III to XII, the upcoming Periodic Test-I stands as an important milestone in your academic journey. These assessments are not merely a measure of knowledge, but a reflection of your dedication, consistency and understanding. I urge you to prepare with sincerity, revise diligently, and face each test with confidence and composure. As you all move closer to the summer holidays, I encourage you to spend this time wisely. Summer break is not only a chance to unwind but also an opportunity to recharge meaningfully. Read books that expand your horizon, engage in creative pursuits, lend a helping hand at home, and above all, cherish the time spent with family and friends. The heat of summer also calls for caution. Stay indoors during peak hours, hydrate yourself regularly and consume fresh fruits and light meals to stay energized. Remember, every moment can be a chance to grow-mentally, emotionally and spiritually. Be curious, be kind and let this summer be a season of joy, discovery and renewal.

Wishing each one of you success in your Periodic Test-I and a safe, happy & rejuvenating summer break ahead!!!

# WALKATHON 2025!!!

Students studying in Form IX participated in 'Walkathon 2025 - Awareness Campaign: War Against Drug Abuse,' organized by the Government of Punjab. The campaign aimed to combat the spread of illegal drug consumption and its damaging effects in the state.



## **ACTIVITIES OF THE MONTH**

## **BUDDING WRITER SHINES!**



Priyanshu Jha (Form II) participated in Bribooks – The Beginners Book Writing Festival 2025. His entries titled '*My Incompleteness*' and '*Shiva* – *Mythological Super Hero*' successfully secured ranks 37 and 54 respectively at the 100 National Bestsellers Awards. Our young students are truly excited about writing and storytelling.

## **GUIDING FUTURE PATHS!**



School conducted Students' Orientation Conference (Form XI) marking the beginning of the academic session 2025–26. The session focused on actively listening to our students, understanding their interests and recognizing each student's unique learning style. The school aims to foster deeper engagement in classroom instruction.

## **TEENS IN PROGRESS!**



Namisha Ratti (IX A), Jasleen Kaur (IX B), Manreet (IX B), Akash (X A), Jerrica (X A), Asmi (XI A), Hasan Abdal (XI B), Sparsh Joshi (XI A) and Divanshi (XII A)—participated in an interactive workshop titled 'Adolescent Stress and Resilience' held at Pushpa Gujral Science City, Kapurthala. The session was conducted by Ms. Pratima Sharma, Head of the Department of Psychology, DAV College, Jalandhar. The students gained valuable insights into adolescence.

## **EARTH DAY REFLECTIONS!**



Students studying in Form VII performed a ballet titled 'Earth Day 2025' with the theme "*Our Power! Our Planet!*", highlighting the significance of environmental conservation. Their performance aimed at raising awareness about environmental issues.





Our freshers from Form VI to IX to XI presented a vibrant array of performances on the occasion of Fresher's Day. The celebrations featured an engaging mix of song, dance and theatre. The event was thoughtfully designed to be welcoming and inclusive, aiming to make new students feel comfortable and at home. It also offered a meaningful opportunity for freshers to interact with senior students and staff, fostering lasting connections and a strong sense of belonging within the school community.

## WHERE PAST MEETS PASSION!

School was conferred the prestigious 'Heritage Beacon Award – 2025' for its outstanding commitment to cultural preservation and heritage awareness. Among the honoured individuals were Manjula Bathla (KG Teacher), who received the 'Engagement Excellence' award and Nitika Monga (PGT) and Avinash Bharti (TGT), along with students, notably Savri Arora (XII Blossoms), who were recognised as 'Most Creative INTACH Challenge Participants'. The yearlong challenge encouraged participants to: a) Upload meaningful responses to heritage-related hashtags on social media, and b) Amplify heritage awareness across various digital and broadcast platforms, with a special focus on engaging the global Indian diaspora.



## **OLD-SCHOOL CHARM! NEW-AGE VICTORY!**



Kirandeep Kaur (XI Adorables) and Prerna Sunidhi (XI Blossoms) — were felicitated by India Post – Punjab Postal Department at the GPO, Kapurthala. Kirandeep was awarded a cash prize of Rs. 10,000 and Prerna received Rs. 5,000 for winning the nationwide 'Dhai Akhar Contest 2025.' This recognition celebrates their efforts in keeping the art of letter writing alive—embracing its depth, intentionality, and the timeless charm of handwritten words over instant digital messages, while cherishing the personal and emotional connection that only a letter can offer.



A team of 85 students from Form I to X enthusiastically participated in Smart Kid General Knowledge Olympiad 2025 (SKGKO) and the International Social Studies Olympiad. The event saw participation from over 1500 students representing 375 schools across the nation. Our school proudly secured 22 positions, bagging 10 Gold, 7 Silver and 5 Bronze medals. These Olympiads continue to serve as powerful platforms for enriching student learning—helping them strengthen their conceptual understanding while sharpening critical thinking skills such as drawing conclusions, identifying correlations, and applying logical reasoning.



# word wise & WINNING!

School team comprising Sehajpreet Kaur (Form XI), Vaishnavi (Form X), Tashi (Form X), Varsha (Form IX), Vrinda (Form IX), Harjot Kaur (Form VII), Gazal (Form VIII), Eveleen Kaur (Form XI) and Avika (Form VIII) participated in CBSE Reading Skill Challenge 2025. The event saw participation from over 1,000 school teams across the country. Our team was honoured with the title of 'Adept Readers' in recognition of their mastery in key reading comprehension skills: (a) Decoding, (b) Fluency, (c) Vocabulary, (d) Sentence construction and cohesion and (e) Reasoning. -----

The contents of this Newsletter are property of Bawa-Lalvani Public School, Kapurthala, published in the school by the Principal - Dr. Ekta Dhawan and Editorial Board: Ms. Silky Sharma & Mr. Hemant.