



# BAWA LAL-VANI PUBLIC SCHOOL, KAPURTHALA KINDERGARTEN NEWSLETTER

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HOLIDAYS: 17 & 28 OCTOBER  
RAINFALL DATES: 18 & 19 OCTOBER

## STIMULATING DANCE ROUTINE'S



Dancing enhances posture, agility, non-verbal communication and body coordination. Keeping this thought in mind, the kindergarteners studying in KG II were actively engaged in learning Dance, as a part of their daily schedule. Students moved their feet on the background score titled ' I like to move it '.

## DAILY YOGA LEARNING & PRACTICE



Kindergarteners at BLPS were engaged in learning and practicing Yoga right at the break of the day. These asanas help young students to strengthen their physical and mental health. The lessons were instructed by their Form Tutors. Yoga teaches young kids to love themselves. Learned young, this incredibly valuable routine/habit arms kids with the tools to fight off the increasing feelings of self-doubt that come during the teen years and beyond.



**EKTA DHAWAN**  
PRINCIPAL

Dear Parents & Guardians,

We had an eventful month in September. Yoga has been introduced in the school for the little ones every morning. Children had derived enormous benefits from the exercise. Physically, it has enhanced their flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness and relaxation have improved.

October marks the beginning of the festive season. This year BLPS is organizing ADVENTURE CAMP for the little ones. Outdoor activity is a unique way for growth, allowing kids to become independent and self-confident while socializing and making new friends & learning new skills.

Wish You A Very Happy Diwali !!



**PREET KIRAN KAUR**  
Mother of Prabhasis K.G-1 D

Personally, I am so satisfied that my child is studying in BLPS. Teachers are surely a very important resource in the life of students. We are very impressed by the expertised staff and with their enthusiasm. My daughter has grown in ability & confidence since she began the school. She is very proud to be a member of this amazing school. In nutshell, BLPS is an excellent example with a unique focus on academics, diversity and deeply rooted values.



## DEVELOPMENT & THINKING GAMES

As Team Building is an important quality that needs to be inculcated during childhood. So the preschoolers studying in Nursery, were actively engaged in the game of 'Jump Your Way to Joy' outdoors. This activity facilitated a sense of cooperation, brotherhood and good communication among toddlers.



## SWIMMING POOL FUN

Kindergarteners were actively engaged in learning swimming. The lessons were structured interestingly (Walk, Paddle & Float). It is a great way to keep our kindergarteners flexible, fit & healthy. At the same time it also assists in the exercising of the brain in a better way.



## TRI-CYCLE HANDLING



Preschoolers studying in the Nursery wing participated in Tri-Cycle Race Contest 2019. Preschoolers enjoyed cycling, it made them feel Independent. Young students participated enthusiastically. They were quick at picking up bike handling skills. Bike Riding is a great routine for preschoolers to develop fitness and booster for a positive mental attitude.

## TEACHER'S MESSAGE

The most wonderful part of being a teacher is to think that many years down the line, there will be someone, somewhere out there, thinking about how lucky they were to be taught by a teacher as wonderful as yourself. The best part of being a teacher is that when your students grow up they will forget everything you taught them. But they will never forget you. They will keep valuing you for the seeds of goodness that we sow in them.



Ms. Sannia Gulati (K G Teacher)

## CIRCLE HOUR: CONVERSATION

1. Which festival is known as the festival of lights?

Ans. Diwali.

2. How should we celebrate Diwali?

Ans. We should meet friends and family members, eat sweets and pray on Diwali.

3. Name the Goddess whom we worship on Diwali.

Ans. Goddess Lakshmi.

## SONG OF THE MONTH

Light up, sparkles into the night;

Brighten your home with rows of light;

There's lot to much and lots to eat;

It's the day of special treats.

It's Diwali, it's time to be happy!

It's Diwali, it's as bright as can be.