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## **SPEECH IS POWER**

Students studying in Grade VII & VIII participated in Inter Class English Debate Championship 2021, at School. The theme's debated was ' Does Media hold the power to sway public opinion ?' & ' Has Humanity outgrown the Nation state ', Students debated for/against the motion & were able to make reasoned and well thought out arguments in addition to questioning/presenting the evidence behind their particular stance and conclusion. The debates were judged for Topic addressed, Speech Articulation, Convincing arguments, Appropriate body language, volume and diction & courtesy to competing side. Result of Intra Class English Debate.

## **Excellence is a Continous Process**

Kriti Walia (Grade VIII Blossoms) participated in Sahodaya Inter-School Poster Making and Slogan Writing Competition 2021 held at Sanskriti KMV School, Jalandhar. The competition attracted participation by 22 schools, competing for top honours. The competition theme was titled ' Importance of adopting COVID prevention protocols '- (Grade VI-VIII) & ' Yoga & Meditation ' (Grade IX - X). Kriti's entry secured her a Silver - 2nd Position. The Judging criteria was based on a) Clear Understandability without oral explanation, b) Aesthetics cum Visual Appeal, c) Overall content Knowledge & d) Imaginativity



#### The Opposite of **Courage is Conformity**

Aariv Gupta ( Grade - III Adorables ) has been actively engaged in learning Martial Arts - Taekwondo. Aariv



Singh Govt. Sr. Secondary School, Vill: Kala Sanghian, Kapurthala. The school encourages and assists in students adopting Martial Arts and in their continued development of the Art.

The Hard Earned Success

Affan Faisal ( Grade- IV Commendables ) participated in International contest organised by CBSE titled 'Expressions about India 2021 '. This year's theme 'India@75' was contested by CBSE Schools worldwide , for four categories of students- (a) Primary (Grade III to V), (b) Middle (Grade VI to VIII), c) Secondary (Grade IX and X) and (d) Senior Secondary (Grade XI and XII). Affan Faisal participated in Primary Category and successfully secured Top

Honours - by expressing "The Things I Love about My Country @ 75" reasoning his love for our handicrafts, expressing that for centuries, artisans have perfected arts and crafts; the traditions are handed down from generation to generation in the same families, and so ancient traditions have survived & India being a home to towering mountains, beautiful beaches, bustling



cities, vast deserts and more and that these contrasting environments are home to some truly incredible wildlife.

His expression was selected as National Level 'Best Entry' in Primary category. The essay was judged based on the criteria a) originality and creativity, b) relevance to contest topic, c) clarity and coherence & d) grammar, vocabulary and spelling.

ISSUE No: 63/Vol:20 (November 2021) AVG. TEMP.: 13.3 **RAINFALL DATES: 28th December** HOLIDAY: 25th December

**DIRECTOR'S MESSAGE** 



Dear Children, Christmas is a season of wonder, joy, delight and a

reflection of the year gone by. May you stay safe and strong and resilient as you have been. May all your days in the new year be bright. May you and your families be blessed and healthy all year through. Wishing you and your dear ones peace of mind, happiness and prosperity in the coming year. **Best Wishes** 

**From Principal's Escritoire** 

#### Dr. Ekta Dhawan



into the last month of the year. This is the time to reflect on the year gone by and count our blessings. By living in cosmopolitan environment, the children are mostly exposed to a life of abundance and comforts. Research has shown that grateful children are happier, more optimistic, more engaged in their schoolwork, having higher grades and better social and emotional quotients. Thus let us make a conscious effort as parents and as teachers to help our children cultivate the habit of expressing gratitude. Also celebrate the Christmas with great enthusiasm. You can be the Santa Claus for someone who really needs help, a gift as small as a blanket or warm food might cheer them up more than one can imagine. As you celebrate Christmas, make wonderful memories that will linger in your home, make great friendships that will last a lifetime and may this season filled with peace and joy. In the midst of festive fervour do not lose the motivation to study for your exams. The exams must be taken with the true spirit of gaining knowledge and not just by using your rote memory. You must spend time in understanding the concepts, getting into the depth of topics, taking the help of your teachers, who could explain you in the best possible manner. If you understand some topic properly, it will surely be reflected in your scores. Rejuvenate yourself by taking sound sleeps and appropriate intake of water. Prepare yourself well and keep shining like stars by obtaining highest scores. Once again from the bottom of my heart, I wish you divine favour, good health, prosperity and long life. Hoping you sparkle and shine during this festive season. May all your dreams and wishes come true, and you feel happiness all year round.

God Bless Us All !



## Be Blessed Always

School hosted a blessing ceremony over Maghar Sangrand for students studying in Grade X & XII on eve of Board Exams segment -1 /2021. Students participated in prayers to express Gratitude & Thanksgiving. Students studying in Grade V & VIII performed a special recitation of shabad titled ' Darshan Dekh Jeewa Guru Tera', in observance of Sangrand.

## **ACTIVITIES OF THE MONTH**

### **Start Unknown Finish Unforgettable**

School held Inter Class Badminton competition for Boys and Girls open for participation by students studying in Grade VI. Players played aggressively, showing speedy rallies. The Principal played an exhibition match catching net lift shots and returning cross smashes.

School propagates Badminton as it's an active sport that keeps young students moving throughout the matches and thus, improving their mobility each time they attempt sports.

Result of Intra Class Badminton Competition. Grade- VI

Match (Girls)

#### Success is A Journey Not a Destination



Kavya Sharma (IX Blossoms) participated in Heritage Week Quiz Contest 2021. She is awarded ' Quiz Master'. National Heritage Week is one of India's most prominent Academic cultural festivals. Students were given the chance to define and celebrate the heritage that matters most to them. During the week, students from across India take ownership of their heritage and celebrate it. The 2021 theme for National Heritage Week was 'Open the Door to Heritage' The quiz was judged on criteria: a) Depth of Knowledge, b) Accuracy of responses & c) Tone,

Tenor & Poise. Kamalika Arora (Grade IX Blossoms) participated in INTACH's Heritage Week Social Media Interactions Contest - 2021 and was declared 'Best Social Media Interactor' for quality of engagement with public. The Heritage week public interaction contest was judged on criteria: a) Historical quality of responses & b) Clarity of Presentation (concise, grammar, vocabulary).

#### The Untold Story

School Team consisting of Kriti Walia (Grade VIII) & Kamalika (Grade IX) participated in 'Kapurthala Sahodaya Inter School Story Telling Contest 2021' at G.D. Goenka School. The event attracted participation by 11 competing school teams. The theme of the contest was 'Horrors associated with the Pandemic - COVID 19 ' Kriti's narration secured her 1st Position in Category 1 whereas, Kamalika successfully bagged 1st Position in Seniors, Category 2. The contestants were judged based on criteria a) Engaging and easily understood script, b) Poise and stage presence with facial expressions, c) Use of good voice projection, enunciation, and expression & d) Ending within allotted time limit.



#### The world is waiting for your words

School held 'Intra Class News reading Contest -2021' for participation by students studying in Grade V. The content read aloud was sourced from 'The Tribune'. Our young students participated enthusiastically and enjoyed contesting. Result of Intra Class Grade V News Reading Competition- 2021

- Divyanshi
- Khushi
- Navema & Yuvrai

#### Dance to the Beat of Your Dreams



Krishna Bathla (Grade IV Commendables) is growing up into a wellness enthusiast, his prescription is Dance. He qualified to participate in the finals of ' Dance Fitoor Contest 2021 ' held at Jalandhar. The contest attracted participation

by an estimated 200 qualifiers competing for top honors and was keenly contested. He performed 'Contemporary Dance' successfully securing 'Best Dancer' award in Juniors Category (9-12 yrs).

Team A v/s Team B Team A won the 3 sets match by 2-0. • Match (Boys) Team A v/s Team C Team A won the 3 sets match by 2-1

## Time management is life management

Students of Grade IX participated in a Conference / Workshop titled "Time Management is Life Management" - part of CBSE Hubs of Learning program-2021, at Guru Amar Dass Public School. Students learnt that Managing their time is a key element in success through life with



focus on a) how to prioritise themselves effectively in the face of many conflicting demands. b) how they can best organise the time they have available and c) motivate themselves to use time wisely as a means of confidence building. The conference was anchored by Sukhpreet Kaur, Management Professional.

## Rise by lifting others

The Young Researchers

Aryan Sood (VIII Commendables) & Mansi Garg (X

Commendables) participated in INTACH's Environment

conscientiousness programme 2021. Students self - researched

Students studying in Std IX & XI participated in an orientation programme for initiating themselves into IAYP/ Duke of Edinburgh award scheme. The workshop was anchored by Manpreet Kaur Sandhu (Dean Student Well-Being & IAYP Programme Manager). Students were informed that the philosophy of the award is to invest time and effort to acquire new skills, experience adventure and make new friends, young and old and that the award is an exciting self-development programme. IAYP - DOE is the world's leading youth achievement award to increase global awareness of the value of non-formal education, which is a way that young people's development outside the classroom is recognised worldwide. Young students choose activities that are appropriate to their environment and best suited to further sharpen their own personal interests and talents.

## **Colour Your** Dreams



Students studying in Grade 7th & 8th competed in the Festive Season Rangoli Making Competition 2021. Students created spectacular Rangoli Designs , mentored by Ms.Preeti Nanda, Arts & Crafts Teacher. The spirit of the competition was focused on attracting participation and revitalizing this traditional and celebratory Art form.



The INTACH Jury Members assessed students based on how well the submission met the five criteria - a) Composition of research, b) Balanced & objective reporting, c) Informative & well researched, d) Originality & Independent style & e) Width of references. Young student researchers were awarded the prestigious INTACH "Certificate of Commendation".

#### **Sports Reveal The Character**



School's Intra Class Kho Kho Teams participated in the Kho Kho Competition 2021. Team Grade IV Blossoms scored a rousing victory over Team Grade IV Commendables (Final Score 15/09). The Match saw both teams exhibiting effective Leg and Arm strength endurance, swift Shuttle Run & prompt

# Harvard Steps.

School English Debate Team led by Vanshika Chopra (Grade XI

Blossoms) participated in the Jalandhar Sahodaya Inter School

English Language Debate Contest 2021, held at IVY World

School, Jalandhar. The event attracted participation by 21

Schools competing for top honours. The theme debated was

'Right to Protest: Harmful or Useful'. Team BLPS debated

thought out arguments in addition to questioning/presenting

the evidence behind it's particular stance and conclusion.

Vanshika Chopra bagged top honours - secured 1st Position /

Gold at the contest. She was mentored by Neha Khanna (TGT).

A Good Speech is Better than Silence



The contents of this Newsletter are property of Bawa-Lalvani Public School, Kapurthala, published in the school by the Principal - Dr. Ekta Dhawan and Editorial Board: Ms. Manju & Mr. Hemant Kumar.